2026

LIVE EVENTS IN NOVEMBER

WorkLife Central

All events take place at 12:30pm GMT



BOOK NOW
TALK

4
NOV

The Psychology Of Progression: How To Grow Your Career

with Shaun Burke



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TALK

9
NOV

Why Anxiety Coping Keeps You Stuck & What Works

with Kyle Davies



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TALK

12
NOV

Shifting The Mental Load Of Modern Parenting

with Natalie Costa



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TALK

16
NOV

Understanding Addictive Behaviour In Children & Teens

with Jane Keyworth



BOOK NOW
TALK

18
NOV

The Real Pressures Men Face Today & What Actually Helps

with Andrew Pain



BOOK NOW
WORKSHOP

25
NOV

Why Perfectionists Burn Out And How To Break The Cycle

with Andy Hix

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