

2026

# NATIONAL WORK LIFE WEEK

5th - 9th October



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LIVE EVENT

12  
NOV

## Shifting The Mental Load Of Modern Parenting

with Natalie Costa



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## Balancing Career And Family Life

with Clara Wilcox



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## A Guide To: Flexible Working

by Sinéad O'Brien



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## Combining Career With Motherhood

with Dolly Jones



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## The Job Share Revolution

with Laura Walker &  
Chloe Fletcher



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## Working Parents - Finding the (Im)perfect Balance

with Jayne Ruff



Visit our Flexible Working Resource Hub for more content

