

2024

PEER TO PEER SUPPORT GROUPS

Work | Life
CENTRAL

WorkLife Central runs informal, friendly and confidential groups connecting professionals who may be facing similar personal situations.



**Single
Parents**



**Parents of
LGBTQ+
Children**



**New
Dads**



**Carers of
Elderly
Relatives**



**Parents of
Neurodivergent
Children**



Menopause

Taking place at 12.30pm-1.30pm every 2 months, you can join regularly or as a one-off - no commitment required. Click on or scan the QR code to visit our website, check dates for the next meetings and book your place.



Browse our full schedule at
worklifecentral.com and
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