



CONTENT HIGHLIGHTS FOR NEW PARENTS

Work | Life
CENTRAL

A selection of content for prospective and new parents from our Families programme.

26 mins



VIDEO
Positive Mindset When Returning
From Parental Leave

27 mins



PODCAST
Becoming a Working Parent

7 mins



EXPERT ARTICLE
8 Ways to Make the Most of Your
KIT Days

12 mins



VIDEO
Building Self Confidence After
Maternity Leave

5 mins



BLOG POST
Dolly's blog: Dear Me

6 mins



VIDEO
Real Life Stories: Robert Colvin on
Extended Parental Leave